



## ROUES LIBRES MACIF / SATURDAY 30th May 6.30 pm to 9 pm

COMPLETE IN CAPITAL LETTERS

**I undersigned** .....

**Year old** : ..... **Gender** : M  W

**City** : .....

**Nationality** : .....

Declare on my honor to be in possession of a medical certificate within one year of non-cons to roller skating, having read the rules of the Roues Libres and undertake to comply in all respects.

Person to contact in case of emergency :

**Surname** : .....

**Phone Number** : .....

**Signature** :

**Image rights** : Each participant shall, without compensation, the organizer to use photographs taken at the event on which it might appear, for the needs of its various publications.

### Instructions to Participants BE CAREFUL ! You skate at your own risk

For fun and safety for all, few rules must be observed

- **Observe the principle of the bubble! Stand behind the framing head (chasuble orange), it is there to set the pace for the ride. Dangerous intersections will be secured by movable signalers recognizable yellow jumpers. But beware, we are not immune to a vehicle out of nowhere! Each participant is obliged to respect the rules of the road.**
- **Ride on the right half of the roadway, bus lanes and cycle paths (prohibited sidewalks)! This in order to allow supervisors to go back and allow the left to move vehicles and to ensure your own safety.**
- **Keep your distance ! Many of you will take the start of the Roues Libres, keep a distance with your neighbor to allow an emergency stop and avoid an accident..**
- **Hold up your arms in the air in case of danger such as falling, holes, cables ...**
- **Do not create a particular annoyance to residents of the course used or to other users of the opposing floor borrowed for the Roues Libres.**
- **In order to respect our environment, you should keep with you, paper, waste or rubbish that you can dispose in trash.**
- **Have protections ! Helmet, wrist guards, elbow pads and knee pads highly recommended as your brakes !!!**
- **Tell you ! Colored clothing, bright and reflective mandatory accessories.**
- **Liability Insurance: Individual Insurance statutory accident for each participant. (Check if your own insurance covers skating accidents because it is not always the case)**
- **Minors will be accepted only if accompanied by an adult.**



With the participation of

**GREAT "ROUES LIBRES" TO ALL !**